

Category	Sub-category	Value	Unit
Energy	Electricity	1000	kWh
	Gas	500	m ³
	Water	100	m ³
	Other	10	m ³
Transport	Car	1000	km
	Bus	500	km
	Train	100	km
	Other	10	km
Waste	Recycling	1000	kg
	Landfill	500	kg
	Incineration	100	kg
	Other	10	kg
Water	Drinking	1000	liters
	Bathing	500	liters
	Washing	100	liters
	Other	10	liters
Food	Meat	1000	g
	Vegetables	500	g
	Fruit	100	g
	Other	10	g